

# The Quantum Reality



The true nature of the "phenomena", the great "mystery" in which all participate but few understand, broadly known as "reality" and the related question of "life", has occupied the thoughts, minds and research of the most brilliant and pioneering scientists, researchers and philosophers for thousands of years, as it continues to do so today.

Entire libraries could be filled with the resultant theses, research papers and books dedicated to these great, indeed ultimate questions, addressed by the sciences, religions and Spirituality, with the myriad of associated philosophies.

Whether "space travel", astronomy, astrophysics, quantum or theoretical physics, the ultimate purpose and quest is to discover the true and ultimate nature, purpose indeed "secret" or "mystery" of human existence and meaning and destiny of planet Earth, life on Earth and of humanity and Life.

The only factor that has substantially changed over the millennia, centuries and decades are the "tools" available to pursue this seemingly vast and endless quest, and openness to new ideas, concepts and evidence.

In recent years billions of dollars have been, and continue to be spent on theoretical physics projects, the latest of which hopes to find the so called "Higgs-Boson" or "God" Particle.

The question, the enigma, the apparent paradox that will always arise from such investigations however, sincere though they surely are, is if these scientists and researchers find such a "particle", will it, as all other sub-atomic particles be "real" in absolute terms?

Will a "God particle" have any basis in fact?

Or will the "God particle" only exist due to the very act of observation itself?

Another fundamental, indeed crucial question is that of the very nature and physical as well as scientific limitation of tools being applied to this quest.

Has the presumption that the answer to these questions lies within the observable physical Universe, to be finally discovered through physical

instruments, completely overlooked the only and ultimate research tool that humans have and need - **Mind**?

It is these and the numerous other related questions that I will address in this short paper.

Before we can even begin to consider the nature of absolute Universal "reality", we must first address the question of the very nature "local reality", and how it is "experienced", perceived, quantified and qualified, because these are the factors upon which the entire paradigm upon which all physical 3 dimensional science is based, without which there would be no science. The exceptions, for the most part are the Quantum sciences.

To begin to address this question, look around you right now.

What do you see?

Your "PC", the "computer display" upon which you are currently reading this document, the "desk" upon which the display rests, the "chair" upon which sit, the "doors", "walls" and "ceiling" of the room for example?

These objects may seem very "real" to you from your own personal perspective, because, after all, your physical senses insist they are "real" or "solid", but are these familiar everyday objects "real" in absolute terms?

Is Earth Herself even "real"? How about the Universe? The "instruments" used to sample everything that people generally accept as "reality"?

The first question we must ask then is "what is really "real"?"

Are the things around you really "real"?

To begin to understand the true nature of the experience that most humans regard as "reality", experience or "life", we must first take a completely dispassionate look at how your perception of "reality", from the perspective of a human "living" on Earth - your personal experience - is collated and ultimately perceived and recognised from your perspective.

So let us first briefly summarise how you "sample" what you believe to be your "reality":

**1. The five physical senses** - sight, hearing, smell, taste and touch - continuously send data in the form of millions of tiny "packets" of electrical charges, collectively "sensory inputs" representing a "best guess" impression of your surroundings, every second to your organic brain.

**Note: The organic brain is not the Mind and neither is the organic brain the so called "seat of consciousness".** The organic brain is best likened to an immensely powerful "supercomputer", but which still relies completely upon its programmer and systems analyst - the Subconscious Sphere of activity of the Mind - most often considered to be the "Subconscious Mind". This process can be thought of as taking place at a quantum level, with the brain being a receiver and processor like a computer CPU, which takes "machine code" and displays it in a form that can be seen and interacted with.

**2. The organic brain continuously collates and assembles the stream of sensory inputs** received from the sensory organs, from which it compiles an ongoing composite image or impression as a "best guess scenario". This composite "image", which encompasses all available sensory information, is then sent as a stream of data to the Subconscious sphere of Mind Principle - Subconsciousness - the "Subconscious Mind".

**Note:** This is an entirely mechanical, programmed process with no inherent intelligence applied or present, in and of itself

**3. Subconscious Sphere of Mind - Subconsciousness - then applies a range of learned "filters",** acquired over the duration of the physical life experience to that moment, based upon ongoing ideas, feelings, emotions, fears, self-esteem, prejudices, beliefs and belief systems, religions, expectations of family, friends, society, perceptions on "money" and sense of security, concerns for family and much, much more, all received from the Conscious Sphere of Mind Principle - the "Conscious Mind" - during the ongoing space-time bound experience which it accepts as "life".

**Note: Subconscious Mind Principle is sublime,** and simply accepts these messages from the Conscious Sphere of Mind activity as "preferences", without question, as your own preferred "self-image", your "idealised self" - how you prefer to "see yourself".

The Subconscious Mind then applies these "preferences" experiential filters to the composite image received from the organic brain, and then forwards this image to the Conscious Mind. Conscious Mind duly accepts the image without question as your own impression of your current "experience" in that present moment. This is a continuous process.

This impression or image is always readily accepted by the Conscious Mind as "real" because the Subconscious Mind has already processed the image to ensure that it is in exact alignment with how you already perceive your own situation and "life experience", and therefore there are no contradictions, and you have no reason to Consciously doubt it.

So the "Subconscious Mind" is simply and only showing you only that which you already expect to see based upon your own perceptions, positive, negative or neutral of your own personal experience.

Subconscious Mind is always "humouring" you, but not because it makes any sort of decision to do so. The Subconscious Sphere of Mind activity is sublime, and only ensures that the "wishes", rational or not, of the rational Conscious Mind, the Ego, are fully satisfied so there can be no anomalies.

**Note: It is erroneous to speak in terms of "Conscious Mind" or "Subconscious Mind"** because they are both spheres of activity of the One Ultimate and Only Source Mind, of which humans are but one sphere of activity. We should always therefore refer to these as Consciousness and Subconsciousness. However, in the interests of familiarity of terms, I will continue to use both as appropriate. There is also Superconsciousness.

Now the important point to note at this stage is that your personal experience is constantly being shaped only by your Conscious observations, experiences and associated thought processes, feelings, expectations and emotions, simply reacting to, and engaging in, what you sincerely believe to be your "real" experience, your "life" but with little or no control, or even remote awareness of this "deeper" process. For example, when you browse the Internet, write a letter on your PC etc, you are only interested in what is displayed on the screen, not how the display gets on to the screen which likely involves billions of invisible electronic processes.

It is a very common human trait to focus much more upon the "negative" aspects of their own perceived experience, with all the corresponding

worries, fears and negative expectations arising, which are being constantly received by, and impressed upon the sublime Subconscious Mind, thereby reinforced by the associated feelings, moods and emotions.

So again, Subconscious Mind is dutifully and immutably ensuring that your own unique perception of your own life experience accurately reflects your own perception of your experience and expectations in any moment, thereby perpetually satisfying the outcome of your own learned and programmed self-reinforcing perceptions, prejudices and beliefs.

If these beliefs are negative in nature, because they are self-enforcing, they can spiral out of any "control" that may have existed, very quickly being perceived as a "hopeless situation".

Now it should and must be noted at this point that this process has absolutely nothing whatsoever to with this concept of "attraction" as suggested for example by proponents of the so called "Law of Attraction".

There is no "attraction" in absolute terms, and there can never be "attraction" which is an entirely erroneous concept as it is generally presented at least. "Attraction" implies a duality - "attracting" "something" "to you" that pre-exists independently "outside" of you. In truth there is no "outside" of yourself, there is no duality, ergo can never be any "attraction".

**Nothing can exist "outside" "The All", beyond the context of The All.**

**Every human, no matter what "picture" the physical senses, organic brain and conscious Mind conspire to present, is an inseparable aspect of All that Is,** concurrently existing wherever The All Exists - and there is "nowhere The All does not exist otherwise The All could not be The All, encompassing The All, so it is completely erroneous to think in terms of "attracting" something from "somewhere" "outside" of you when in fact there is no "outside" of you - you are already The All, and therefore whole.

"Duality" and "separation" are simply illusions or misconceptions arising from the neuronal activity of physical senses, processed by the organic brain, which has no inherent intelligence or consciousness, and the conscious sphere of Mind activity, but which has absolutely no basis in fact.

But still nevertheless, the Conscious Mind "sees" or more correctly "perceives" and believes itself to be a "separate" "person" or entity, known

as the Ego. This illusion of separation indeed is where many of the issues facing humanity today originate at this moment, and is accordingly the origin and cause of most misery, suffering and human conflict in the World.

"Conflict" can only exist when participants believe in an "us" and "them".

Conflict of is a uniquely human trait upon planet Earth. Only humans persistently exceed their own sphere of activity and harmony within the framework of nature. Only one other organism is both as invasive as humans, which also uncontrollably exceeds its sphere or habitat - a virus.

Now then we can move on to examining the "bigger picture" of experience presented to the conscious sphere of Mind Principle in the form of an apparent "physical Universe" of "matter", to which human experience is inexorably and necessarily related as a necessary primary learning tool.

Most mainstream science today still subscribes to, and bases its entire philosophy and sphere of research around a model originally proposed by Isaac Newton, comprising broadly of a strictly 3 dimensional model of the physical Universe, consisting of structures "comprised of" what scientists have labelled as "matter" in various forms, and which are governed by "laws" contrived by science based upon a purely physical reference point.

Mainstream science, be it chemistry, biology, physics or any of the other "materially" based sciences rely substantially upon this traditional 3D model of the Universe, with its constituent subatomic particles, atoms and molecules, giving rise to carbon/hydrogen based "organic" life, without which these sciences would have no basis. The classroom wall of every school laboratory is adorned by the ubiquitous "periodic table of elements".

But there is also a fourth factor, sometimes considered as a "dimension" - "time".

Time is not always recognised as a "dimension" simply because it is not "tangible" - it cannot be "observed" as such - but is nevertheless inseparable from the arbitrary three dimensions of "space", generally considered to be "length", "width" and "height". This is why theoretical physicists often refer to this model more appropriately as "space-time".

Einstein also encompassed "time" within the context of his "Special Theory of Relativity" which also takes accounts for associated factors such as

"mass", "velocity" and "gravity". Ultimately of course "light" - in, the fundamental unit of which are photons" - must also be included.

However - "time" cannot, in and of itself be considered to be a constant, simply because the reference points for the arbitrary measurement and recording of time are specific to Earth. On another planet, e.g. Jupiter, the referential basis for measurement of "time" would be completely different.

Remove all of these arbitrary and fixed reference points and "time" becomes completely meaningless, except in the context of a subjective experience, or illusion, which is what indeed "time" really is.

A cornerstone of Astrophysics and related sciences is the so called "big bang theory".

But again, the "big bang theory" is based on the assumption that the entire "Universe" is, and always has existed exclusively in three physical dimensions plus time, and accordingly all "matter" constituting the Universe originated within the context of this 3D environment as a direct result of this mysterious but highly energetic and explosive primordial event.

This model of the Universe would therefore seem to imply that "in the beginning" - before the "big bang" - the Universe was characterised by what amounts to a pre-existent "void" of three dimensional "nothingness", or potentiality, which subsequent to the "big bang" event became populated with "matter", with later its galaxies stars, planets, moons, comets, and other myriad residual cosmic material to the extent it has been identified, named and documented.

It should be noted that in seeking the true nature and origins of "life" and "reality" within the context of the three dimensional Universe of matter, science is actually working with only a very, very tiny subset of the available data, and here is why.

This 3 dimensional Newtonian model of the "Universe", plus the arbitrary concept of "time", completely fails to take to take account of the possibility or even probability of levels of higher, or faster, Vibratory Frequencies of Energy, beyond the observable confines of the traditional 3 dimensional model and capability of scientific instruments to identify and measure it.

Most, if not all scientists, will happily accept the fact that the fundamental

"medium" of the Universe is Energy, the primary characteristic of which is Vibration as measured by Frequency.

But why then would Vibration and therefore Energy, suddenly cease to exist beyond a certain "level", which just happens to correspond with the outer limits of the anyway already infinitely limited scope of "modern" physical scientific instruments and therefore ability to measure frequency?

"Out of sight, out of mind" perhaps?

**Absence of evidence does not equate to evidence of absence.**

Vibration of course also encompasses scientifically measurable non-physical forms of Energy such as photons of light, including the visible spectrum of colour, the non-visible spectrum including but not limited to ultra violet, infra red, radio waves, microwaves, x-rays, gamma rays and so on, to the extent these can be detected and measured using physical instruments of some type.

When we look at this logically however, it immediately becomes apparent that Vibration simply cannot and does cease at the point at which it can no longer be scientifically measured, but rather simply reflects the limitations of human made physical scientific instruments in measuring Vibration beyond a certain frequency.

However, when honestly and sincerely seeking the nature of something as fundamental as "Reality" itself, an "out of sight, out of mind" approach is hopelessly flawed, quite simply because it only takes account of a very, very tiny fraction of the potential available data, which just happens to be instrumentally measurable by science, while just ignoring everything else.

This of course has always been the case throughout history, with scientific models and understanding always being strictly limited by the very nature of the instruments available by which they can be detected. This is why a couple of hundred years ago diseases were attributed to all manner of causes, including but not limited to "witchcraft", "demons", "evil spirits", but only because bacteria and later viruses had not been observed and identified, and therefore could not be factored in to the practice of medicine at that period.

In reality this is an ongoing process, with scientific models, educational and

research framework and paradigm always being based upon the current technology available for measurement. So this is an infinite process that can never determine an absolute answer.

Plain and simple - to put it bluntly - to assume that the 3 dimensional Universe of matter encompasses all "reality" with nothing beyond, simply because it cannot be detected by current technology, is no different at all to those scientists of just a few centuries ago who believed that the Earth is flat, and was also the centre of both the solar system and Universe. Those scientists were no less correct than current science for the same reasons.

The "3 dimensional Universe plus time" paradigm is really the modern day equivalent of the "Flat Earth Society".

For example - scientists still cannot understand why, if there was actually a so called "big bang" explosion originating from "somewhere" within what is now considered to be the three dimensional "material Universe", that the entire observable and measurable Universe exhibits a very similar ambient temperature throughout. Surely if the "big bang" had originated "at some point within the concept of the known "physical Universe", considerable, or at least measurable temperature fluctuations might be observed relative to the distance of the point of measurement from this original primordial, explosive, extremely energetic, massively heat generating "event".

Well the reason quite simply is this.

The origin of this "original" "creative" "event" was not of some arbitrary "point" located "within" a notional pre-existent "3 dimensional void" just waiting to be filled, but rather from within much higher levels of Energy, far beyond the scope of the measurement potential of physical scientific instruments, an "event" originating at the very Source of All "creation", at the very highest Frequency of Energy, of Vibration, Energy that "radiated" uniformly "outwards" from the "epicentre", slowing in frequency as it did so.

We should note, in the interests of completeness, that it is entirely erroneous to speak in terms of "in the beginning", because there was no "beginning", and likewise there is no "end" - there is only the Perpetual, Eternal, Moment of Now. But in the interests of following this discussion through to a meaningful conclusion using the only extremely crude language means of communication available at this level, we must use the

temporal scientific concepts that a majority are most familiar with.

So then, as this uniform, immense Projection of Energy of infinite potential continued to radiate "outwards" from Source, the epicentre - again "outwards" is an erroneous concept, but will suffice for the purposes of this illustration - the Vibratory Frequency of this Native Universal Energy progressively "slowed", and as it did so the potential of the Energy became increasingly "coarser" and "denser" as it radiated away from its Source, until eventually the Vibratory frequency of this Native Universal Energy with infinite potential, slowed to the point that facilitated the potential for Energy to notionally, but not actually, differentiate in to what mainstream material science recognises as "matter" with its constituent particles and elements.

Thus the culture of the Newtonian 3D Universe was born.

Before continuing I must make this crucial observation.

Simply because Energy reaches the Potential to differentiate into matter, does not necessarily imply that it actually will or does differentiate into matter - or indeed ever did differentiate in to matter. This concept pre-supposes that what humans call "matter" even tangibly exists or possesses the potential to exist, which it does not, as previously discussed.

As we will discuss later, Energy is inherently formless in nature and characteristics, existing only as Waveform of Infinite "Potential", until a Fundamental Principle is applied to it - Mind, including Consciousness.

So you see the "creative event" did not originate at some random "point" within a notional pre-existent "empty void" "waiting" to be "filled" with stars, planets and other cosmic material, subsequently radiating "across" this notional pre-existent 3D void, and neither was this event either "random" or "chaotic" in nature, but rather as an Expression of a "Supreme Source Intelligence"

In fact there was no "event" at all in absolute terms, simply because the entire notion of an "event" of this nature is, in and of itself duality based, in that an "event" can only be meaningful in the context of "time" - as in "before" and "after" the "event", when in reality "time" itself is erroneous.

What humans conceive of as "Creation" actually originated "Within", at an infinitely higher Frequency of Vibration, far beyond that which can ever be

measured through crude scientific instrumentation, in an Eternal Moment.

Source Energy radiating progressively outwards until ultimately attaining the Potential to differentiate to the 3 dimensional material environment now known as the "Universe".

Note: The word "Potential" is crucial to this discussion as we will investigate in due course.

Now this creative process not only gave rise to the origination of the Potential - but not necessarily actual - basis for the 3D physical Universe of matter, but also to **All Spheres of Life, Mind, Consciousness, Eternity and Being at All Vibratory frequencies of Universal Source Energy.**

It is the slowing to an outermost limit of vibratory frequency of Energy that gave rise to "temporality" and therefore basis for "materiality" and "locality".

At frequencies of Vibration "between" 3D material potential and Source, First Cause, we find spheres of Potential mystically known as the Etheric, Astral - also known as the "Afterlife" and then Spiritual or "Mental" "planes".

What people think of as the "afterlife" - the "place" where people "go" to after they "die" - "exists" as a very "narrow", relative to the Whole, series of bands of Energy at a massively higher Vibratory Frequency than that of Earth, and which therefore simply cannot be measured or observed with scientific instruments. This does not make them "imaginary" in some way - it simply means that they cannot currently be instrumentally substantiated.

The Astral Realms, the Afterlife, can however always be substantiated through a "focussing of awareness" of Mind - this potential is available to everyone. It should be mentioned however that when we hear of "Astral Projection" for example, although very real, is also somewhat of a misnomer. As Divine, Infinite, Eternal Expressions of Source we already "exist" "everywhere" where Source, All, exists. There is "nowhere" we do not exist, even on Earth. So "Astral Projection", like dreams, and other experiences from altered states of Consciousness, is simply a Focusing of Consciousness, of Mind, to an alternative aspect of Self, encompassing All.

Mind, Consciousness, Spirit is All there Is and All we Are.

Even so, the "afterlife" - Astral Spheres of Energy - are still only, relatively

speaking, just "beyond" 3 dimensional Universal potential, characterised by an infinitesimally low frequency of Vibration relative to Source.

This then is why the entire notional 3D Universe is measured to be of a substantially uniform ambient temperature throughout, originating or being "projected" or Expressed uniformly "from the inside, out", relatively speaking, not from an arbitrary "point" within a pre-existent 3D void.

In describing the nature of "All that Is", the humble Apple can be used as a useful and familiar metaphor.

If we let the Apple represent the Entire, Complete "Universe" of "All that Is" - "All in Creation" if you prefer - then this then is what we may observe:

At the very "Core" of the Apple is "Source", First Cause, Prime Creator, Supreme Intelligence - "God" if you prefer - at the very highest Energy Frequency, vibrating at such an infinite rate as to be regarded as static.

This is analogous to a spoked wheel being observed from the side - the faster the wheel spins the less distinct the spokes become, until upon attaining a certain speed of revolution, the spokes seem to be invisible.

The physical Newtonian Universe of "matter" may be represented in this Apple model as the very thin outer skin of the Apple.

Between the skin of the Apple and its Core we find the flesh of the Apple.

The flesh of the Apple is analogous to the vast majority of "All Creation" - the Whole - the 99.99999%.... of Energy spectrum between the Apple skin and the core - Source Mind, encompassing all Energy Frequencies, which become progressively "slower", relative to Source towards the outer "skin".

Let the flesh of the Apple then represent the Infinite Continuum of Energy, the fundamental characteristic of which is Vibration, of Infinite Potential, between the skin of the apple and its core, where may be found the Infinite and diverse Spheres of Life, Mind, Consciousness and Being far beyond the reach of normal conscious human perception and certainly beyond the reach of any physical scientific instruments.

Now again let me stress again that in applying numbers, limits, and even words such as "the" are in and of themselves fundamentally flawed,

because ultimately we are referring Only to the Infinite. These words will however suffice in the interests of understanding, and in the complete absence of a more descriptive language, which simply does not exist.

Most mainstream science, even today, denies the existence of these higher levels of Energy and Vibration, simply because they can neither be measured, substantiated or otherwise quantified by the physical instruments upon which their entire paradigm rests.

Quantum Physicist David Bohm was a notable exception. His thesis on "Wholeness and the Implicate Order" remains a practical conceptual model of "Creation", taking into account Spheres of potential beyond the concepts of the Newtonian model of the physical Universe. Indeed Bohm later even takes into account Consciousness which, with Mind, is Principle, and without which nothing could or would exist.

Just under the skin of our metaphoric Apple then lies the Etheric Sphere of Energy - this is where people first find themselves after the change known as "death", and also the realm of the entities known as "ghosts" - departed human beings - who have become "stuck" for various reasons - usually due to some form of emotional attachment to Earth.

Just beyond the Etheric Spheres of Energy Frequency lies the Astral Spheres. It is to these Astral Planes of Energy that humans usually transition after leaving the physical body during the change known as "death". The Astral spheres are sometimes therefore more frequently referred to as the "Afterlife" or much more erroneously as "heaven".

Without becoming too deeply involved in our Apple metaphor, and beyond the scope of this discussion, suffice it to say that it is the destiny of all humans to commence the Great, Divine Journey at the skin of the Apple - analogous to Earth or other physical planet - a Spiritual "kindergarten", and to Evolve through the seamless layers of the "flesh" of the Apple - representing Energy at increasing vibratory frequencies and resolutions - until finally, through the process of Evolution and Perfection, the Core of the Apple, Source, from Whence we "came" in the "beginning" is ultimately attained, and with it the potential to reunite, or "merge" with Source.

This Evolutionary Process takes place as Experience assimilated by the Complete Spiritual "I", giving rise to ever increasing "levels" of Perfection

with corresponding increase in the Vibratory Frequency and Resolution associated with the Unique Energy Field that represents and identifies Who we "Are".

Individuality, within the context of The All, is represented by our Unique Energy Configuration - our Individual Energy Field - which continually changes in Nature and increases in Vibratory Frequency as we Evolve through Experience during the process of Perfection towards Source.

As the Individual Energy Field Increases in Vibration, Transition automatically continues to the corresponding Sphere of Energy, of Vibratory Frequency, thus facilitating a seamless and harmonious progression of Spiritual Evolution, which is always Perfect in Nature.

This then is the solution of the true nature of Spiritual Evolution, ultimately driven by an Individual, Subconscious quest for Perfection through Experience, a quest that is intimately incorporated with our Unique Spiritual Nature, through the Divine Freewill that every human Being is blessed with.

Earth - indeed the entire physical Universe - may be regarded metaphorically as the "Kindergarten of Life".

The Etheric and Astral Planes are a very close extension of that same Universal Kindergarten.

Why then is this Kindergarten necessary, with all of its "trials and tribulations"?

Well quite simply because only when sufficient Experience has been gained through the process of physical "incarnation", can there be a natural progression to increasingly more responsible and powerful roles within the context of the greater spheres of Life and Reality within the Greater Universe as a Whole, far beyond even the remotest comprehension of most Earthly humans, a role carrying that can only be continued after the complete assimilation of a complete spectrum of Experience, characterised by attaining corresponding Vibratory Frequency of the Spiritual Body.

Allowing a human to "graduate" directly from Earth to such levels of responsibility - even if it were possible - which it is most assuredly not - would be akin to giving a 3 year old child the trigger of fully armed thermonuclear atomic weapon to play with, such would be the disruptive

potential of the situation - in fact the potential disruption would be infinitely greater, because the very fabric of Universal harmony would be compromised, which cannot and must not happen by Universal Principle.

Whatever situations and experiences presented in life on Earth in a physical body, however "hard" or "challenging" they may seem, each still represents an opportunity to Experience and therefore become more "complete" in readiness for the next Glorious phase of Evolution.

Be assured that no person is ever confronted by a situation or challenge that cannot be overcome. The only choice is whether or not to accept the challenge, in which case the "way" will become apparent.

So the initial phase of incarnation of the Individuality of the Higher Self - experiential personalities - on Earth and/or other planets is an absolutely fundamental and necessary process, wherefrom every incarnating human Being must graduate before moving on to the infinitely, and to humans at this stage incomprehensibly, greater glories, powers and responsibilities.

Each phase in this process continually facilitates the progression through inner Spheres of Energy, Vibration, Life, Mind and Consciousness, glorious far, far beyond the consciousness and very remotest comprehension of most Earthly humans. Be assured however that Higher Self knows very well, and will relentlessly encourage Its "representatives", physical personalities to pursue graduation and Experience of Greater Glories.

This is also the solution to the metaphor of the "fallen angel" known as "Lucifer".

"Lucifer" is actually a metaphor for the Human rational Ego sphere of Mind, which "left or "fell from" "Source Mind", "Christ Mind" in the "beginning", and was "cast down" to the physical Universe of matter. This was no "punishment", but rather out of Divine Freewill - there is always a choice.

As previously discussed, it is the objective and indeed destiny, whether comprehended or not, of every Human Being to "reunite" with Source, the metaphoric "Christ Mind" through the Divine process of Evolution and Perfection through the medium of Experience.

In theological or metaphorical terms then, depending on your perspective, "Lucifer" reunites with "Christ" or if you prefer, the "Son" is reunited with the

"Father". Of course there is no "gender" beyond Earth, so concepts of the masculine are entirely erroneous.

This however is the ultimate objective of "Life".

But again, this is no metaphorical "punishment". Quite the contrary in fact. It is rather a metaphor for the Divine process chosen by each individuation, Expression of Source Mind - including all Life of every nature in All Spheres, and should be Joyfully embraced and never avoided or feared.

A word at this point about "Reincarnation" or the process of experiencing multiple "lives" on Earth or other planets.

Due to the physical nature of Earth, it is generally impossible to gather sufficient Experience to "graduate" in a single "lifetime" or even hundreds or thousands of "lifetimes" or "incarnations".

The true, Evolving Self is generally known as the "Higher Self", Individuality, resides at much higher Energy levels, far beyond the Astral, but still only a relatively "short" Vibration way from the metaphoric Apple skin relative to the All as a Whole.

"Higher Self" is our Eternal Individuality and Spirit, Who progresses on to Greater Roles and opportunities of Experience on the Great Path.

Note: "Higher Self " is a recognised term which would be more appropriately described as "Inner Self". In absolute terms the concepts of "higher", "lower" even "inner are duality based and accordingly do not exist. They will however suffice for the purposes of gaining understanding of the considerations encompassed within these discussions.

Each "life" on Earth is experienced through and as a Personality, of the Individuality of Higher Self.

The more Personalities our Individuality "sends to Earth", and/or other planets in the material Universe, the more Experience is returned to Eternal Individuality, and the more complete Higher Self - Individuality - becomes.

So Higher Self - Individuality - usually sends numerous "messengers" to Earth - or other planets - as both genders, all races, countries, cultures and circumstances, until finally a personality attains the ultimate objective of

"Enlightenment" and becomes "Self-Realized" while still within the context and material restrictions, bound by the five senses, of a physical body.

This then signifies the end of this initial but crucial phase of Individual Evolution - "incarnational" cycle - where the Enlightened "fraction" of the Higher Self returns to Higher Self.

Higher Self assumes the Personality of the "Enlightened Incarnation". Individuality continues with its acquired Personality, ceases to be a "Higher Self" - there are no longer any aspects of Itself to be "Higher" than - to the next phase of the Divine Evolutional.

I must dispel another prevalent misunderstanding before continuing - that of so called "past lives".

Each messenger of the Higher Self - each Personality - experiences one single "life" on Earth, or other physical planet, only, and then, after the physical body "dies" - no longer viable as an organic vehicle - automatically transitions to the Etheric and then Astral Spheres of Energy in most cases.

Enlightened or Evolved Spirits or Beings who came to Earth for a specific purpose or specific "mission" for humanity - for example the figures who came to be known as "Jesus" or the "Buddha" - are exceptions, as are Beings known as "Avatars" and also others, who return directly to the Spiritual Sphere of Energy in the Spheres of Light from whence they came.

The Astral Energy Sphere is an environment where Earth people usually feel completely at "home" or even regard as "heaven", simply because the people focused there can experience anything they can possibly imagine, at will, without the need of "money", "work" and all those other typical trappings and dark and insidious instruments of control of human society.

The "afterlife" also seems much more "solid", "real" and "substantial" than Earth., due to "higher resolution" of the higher Vibratory Energy Frequency.

Astral residents will stay until they have fully satiated all materially motivated desires, infatuations, addictions and ultimately concepts accumulated as a result of Earth experience, which experiences are eventually recognised and assimilated as the illusions or "delusions" they really are. The journey of the Personality to the Individuality of Higher Self continues with a unique package of experience contributing to the Whole

potential Individuality that the Higher Self represents at that stage of Evolution, on the path of Evolving Spiritual "I" within the context of All of Universal Mind Principle ultimately Expressed by Source.

This is why it is erroneous to think in terms of "past lives". There is no such thing as a "past life" simply because each "life" represents a complete concurrent cycle in its own right originating and merging with Higher Self.

Equally erroneous is the concept of "sequential" lives - in other words the idea that every "person" experiences a sequential series of "lives" or "incarnations", each at a progressively "later" period in Earth's history than the previous, thus giving rise to the notion that a "past life" took place for example in Ancient Egypt, or Babylon, or very popularly Atlantis and so on.

"Past lives" are invariably expected to be glamorous - never "hard" or "ordinary". Everyone likes to think of themselves as living as a "King", "Princess" or famous figure such as Jesus in "previous lives".

This is in turn responsible for the equally erroneous idea of "past life regressions" where, under hypnosis or other form of access to the Subconscious Sphere of Mind, a person is led to believe that they may "discover" their "identity" and physical "circumstances" and "lifestyle" during a "previous" incarnation, or "life" in Earth's history. Such "past life experiences" are invariably inexorably linked to the Ego, and to the extent that any "past life" is retrieved at all, comes from the Higher Self.

In actual fact - all "lives" - Personalities - "incarnations" - take place concurrently, and not therefore "sequential" at all. This is true because our Individuality, our Totality, our Higher, Spiritual "I" Self, resides on a Vibration far beyond the human concept of "time" as well as "space".

Higher Self knows precisely the nature of Experiences required in order to achieve the level of "completeness" and therefore of Perfection and Evolution required to complete this initial phase on the great Path, to facilitate moving on to greater experiences.

Individuality, Higher Self, therefore "fills in" experiential "gaps" in Its "completeness" by choosing, as far as possible from the range of possibilities, the circumstances that would best facilitate the opportunity for the gathering of specific experience to contribute to the Whole.

To this end Higher Self chooses the notional "time-line" relative to the concept of Earth "time", country, culture, circumstances and parents which provide the best probability of gaining that particular "packet" of experience.

Yes your Higher Self may chose parents, and your own children likewise chose you, so always treat each other with the greatest Love and respect, while keeping in Mind that "age" is utterly meaningless.

A useful metaphor that may assist in the understanding of this process of "concurrent incarnation" is that of a wooden cart wheel, with its hub and outer rim connected by its spokes.

Consider then the physical Universe which is recognised as being constituted of "matter as the outer rim of the wheel, Higher Self as the hub, and with each Personality or "incarnation" represented by each distinct spoke in the wheel.

Even as you read this you, as your Higher Self, may be experiencing alternative concurrent "incarnations" as, for example, a Neanderthal women, a medieval gentleman land owner, a teenage soldier in the trenches of the first world war, an Egyptian Queen, or numerous other such possible "role playing games" - all in the same Eternal Moment of Now.

You are not aware of this situation simply because each Personality experiences each distinct but related incarnation through the mediation of the individual Conscious Ego Mind, which perceives itself to be "separate", but representing only a very tiny subset of the "Higher" Individual Mind.

So each individual "incarnation" or personality is "firewalled" from the other incarnated personalities at the normal level of waking consciousness, in order to prevent the possibility of any "cross-influencing" of incarnations, which would have the potential to compromise or even corrupt them.

The individual rational, conscious Ego Mind of each personality is bound by the current temporal experience as it relates to the human concept and perception of "time" and "space", or "space-time", which it chooses to subscribe to by believing it to be "real".

Only Higher Self has a complete perspective over all concurrent incarnations, which, in any case Higher Self sees only as "circumstances" with experiential potential or opportunities, but never "ages" in the "history"

of Earth or another planet. Higher Self is not concerned with "time" or "space", only of fulfilling this phase of Evolutionary Potential.

As each personality concludes its mission on Earth, the organic body "expires" and the Ego, the Personality - the Soul - leaves the physical shell they once used and identified with on Earth, to begin the journey back to the Individual "I", Higher Self. Upon reaching Higher Self, the package of experience, to the extent it has been attained, is then assimilated the Whole Self, Which thus expands and accordingly becomes more Evolved and Complete and thus to attain a more Perfected Spiritual "I".

Again though, all words I use in any way suggesting "time" are for lack more appropriate language only.

There is an interesting "anomaly" arising in that the Astral spheres - the "afterlife" - existing beyond the perception and experience of "time", there may well be many thousands of "you" as different "Personalities" of the very same "Individuality" "living" in the Astral, on the same "plane" of Vibratory Frequency the Sphere of your Conscious awareness currently occupies.

Thus you can even meet up with "each other", or whole groups of "you", without even being even aware of it.

To understand this apparent anomaly better, it is once again a good idea to think in terms of Individual Conscious Awareness being "Partitioned" in to "Personal Spheres of Conscious Awareness", each of Which is "firewalled" from the "other", so that there is no "leakage" of experience which may influence and thereby compromise or corrupt other spheres of Conscious Awareness.

Experience is only viable when gained in an autonomous context. This is what gives rise to the apparent experience of an "individual" life on Earth without any apparent greater "meaning" or context, although there is of course always a greater meaning, whether or not it is fully realised.

So returning to the main issue of our discourse on the nature of "Reality" - as a human on Earth, for now - you are simply experiencing a Personal sphere of conscious awareness, independent of concurrent experiences of your Individuality, through the mediation of the five physical senses, in turn both generated and "coloured" by the Subconscious Mind in accordance

with the nature of your own ongoing thoughts, feelings, beliefs, expectations, experiences and other spheres of Conscious Mind Principle.

Before continuing we should, in the interest of completeness, re-visit the role of "time" in the context of human experience.

"Time" as humans know and experience it simply does not exist except to the extent it is perceived to be experienced and believed to exist, and cannot be measured or quantified in isolation. Time is not a constant.

Time, to the extent in which it is experienced at all, is entirely subjective and never objective. Even the subjectivity is relative to the perspective of the experience.

Humans attempt to reduce "time" to an objective experience by arbitrarily introducing methods of measurement based upon the relationships between the Earth, the Moon and the Sun. This apparent infatuation with what in reality is no more than a "concept" has wrought all manner of confusion and misery upon humanity, and is still the basis of much confusion and misunderstanding.

In reality there is no "time" - there is no "space" there, is therefore no "past" or "future", rather only the Present Moment of Now - Which is Eternal.

If you were to place yourself in a permanently illuminated - or darkened if you prefer - room without windows, clocks or other mechanical means of measuring "time" - what happens to your perception of "time"? Very quickly you have no idea what "minute", "hour", "day", "month" or year it is. You can guess of course, but you would invariably be wrong due to lack of reference points. As your isolation progresses, any best guesses" about "time", "date", "year" would become increasingly flawed.

Once we remove all the mechanical human reference points, "time" immediately becomes meaningless.

Even if the best scientists in the world were placed in a room, with no external windows or other modes of reference, and then allowed them access to any scientific instruments and computers of their choosing, except for clocks and other means of measuring "time", then these scientists would not be able to define or quantify time in any accurate way.

The neurotransmitters in the brain that regulate human sleep and waking cycles - melatonin, serotonin for example - would reset, resulting in a loss of all orientation with the previous mechanical concept of "time".

Such people without a reference to "time" may become disoriented and even distressed - perhaps ultimately psychotic.

If you lived on a different planet, of a different size, with a different speed of rotation, distance from its "Sun", with or without one or more "moons" - Jupiter for example - then your "clocks" and "calendars" would look completely different. You would still live in the same physical Universe subject to the same Absolute Universal Principles, but your measurement and concept of "time" would be unrecognisable.

Is "time" therefore "correct" on Earth or "correct" on the other planet, for example Jupiter?

It should by now be apparent that "time" cannot be measured because "time" is a subjective experience, not an objective measurement, and in any case only exists as a concept within the context of space. Time is therefore not a constant to the extent it even exists.

If we look at "time" dispassionately, we can clearly see that:

**Time is not Principle.**

**Time is not constant.**

**Time is not objective.**

Again, the reason humans feel "tired" at "night" and "awake" during the day, is simply because the Conscious Sphere of Mind has convinced Subconscious Sphere of Mind that "time" is "real" and "measured in a certain way" specifically with reference to photons of Energy entering the eyes as "light", or absence of photons as a lack of "light". Subconscious Mind then reproduces those expectations by programming the biorhythms of the organic body accordingly through the manipulation of amino acids, neurotransmitters in the brain such as melatonin and serotonin, which in turn provides the experience of "wakefulness", "sleepiness" and so on.

Having now addressed the Personal layer of Experience which is controlled by the Conscious Sphere of Mind, the Personality, also known as the Ego, let us now move on to the next layer - the material or physical layer to which the Ego Mind relates.

We have already established the relationship between matter, the organic brain, the Subconscious Mind and the Conscious Ego Mind relative to the human concept of "time" which is entirely subjective, never objective, never fixed in nature and cannot be a constant.

But what if very reference points for space and time had no basis?

Let me begin this part of our investigation with the benefit of another metaphor that many may relate to - a movie entitled "The Reality".

In The Reality the inhabitants or more "participants", "live" within the context of populated setting, typical of a metropolitan environment on Earth. But the twist in the movie is that their environment where they "live" is not "real".

The participants are instead connected to an immensely powerful computer environment, analogous to a neural network, that simulates a late twentieth century Earth city and "lifestyle".

All of these participants seem to happily continue their daily activities just as you do - they eat, sleep, entertain themselves, meet in groups and so on - always being totally oblivious to the situation of their actual physical body.

When the character called Neo was first "rescued" from the Reality, by being unplugged from the neural network, and shown its true nature by Morpheus, he was able to "free his mind", to experience a more substantial Mind-body based locality existing outside of The Reality depicted as "Zion".

Again keep in Mind that The Reality is a metaphor as is "Zion".

Once Neo realised the illusory, computer generated nature of the Reality, he no longer regarded it as "real" or subject to its imposed "rules".

Later Neo would have the ability to consciously "plug-in" to the Reality, interact with the environment, and to change the very nature of the Reality according to his needs and situation, while knowing that he was not subject to any of the limitations he once believed he was subjected to.

Now consider for a moment that the material world that you are currently so familiar with and believe in is the "Reality", and you are Neo or Trinity. Now you have an excellent metaphor for the basis of your own physical experience on Earth.

Everything you see around you - your PC, desk, chairs, drink, food - everything you almost certainly consider to be composed of "material" of some kind - exists only because your physical senses, organic brain and Conscious Ego Mind say these "things" exist and have substance and basis in fact.

But what is "material"? How may "material" be defined?

"Molecules and atoms" you may reply.

But what do "molecules" and "atoms" consist of?

If you know much about physics you might reply "sub-atomic particles". You may even mention protons, neutrons, electrons, quarks, leptons and so on.

But here is the paradox.

None of these "sub-atomic particles" including their derivative materials actually really "exists", in other words can be perceived, unless a conscious attempt is made to observe or "measure", i.e. quantify or qualify them in some way.

Quantum Physicists know this paradox all too well as the "measurement problem".

Since these sub-atomic particles are the basic components of "matter", the same apparent paradox must equally apply to the larger derivatives of the same particles, elementary atoms, molecules and ultimately the chemical and organic "compounds" that form physical substance of "matter", and from which everything you "possess" in your daily life is "manufactured".

An even greater apparent paradox then is that as physical humans experience within the context of an organic body, comprised of these same organic materials with its "organs", blood, bone and other life supporting systems, these too must also be ultimately composed of the same atomic

and sub-atomic material as your surroundings, and therefore it follows that your body is subject to exactly the same "rules" and characteristics.

But do these "building blocks" of "matter" have any actual "existence" or basis in fact at all, if, as certainly appears to be the case, they only "appear", or more specifically are only perceivable and quantifiable during the process of observation, and acceptance that they "real"?

Clearly when a chemist is combining for example an acid and a base to bring about a chemical reaction resulting in a salt, or creating complex organic molecules from basic carbon and hydrogen based "building blocks", the whole process must be carefully controlled measured, monitored, qualified, quantified and documented in order to record the "observed" result of the process, if it is to be meaningful and repeatable.

If elementary atoms form the basis of molecules which in turn form the basis of the material compounds used to "manufacture products", then the only conclusion that we can possibly arrive at, if we are totally objective about it, is that every "thing" that humans currently perceive as "materially real", only exists because someone chose to "subscribe", or "opt-in" to its very existence through the process of observation, supported by past experience and belief in its reality, capability or potential to "exist".

In other words the sense of material reality is an entirely programmed, i.e. learned response, arising from previous expectations, experience, and beliefs, as well as other factors deeply embedded in Subconsciousness.

This clearly adds a further level of factors to consider in the context of what is "real".

So let us now review that which we already know about the role of the physical sense organs and organic brain in perceiving your environment.

Millions of sensory inputs per second from the five organic sense organs are fed to the organic brain, which mechanically, without any sort of inherent intelligence or capacity for consciousness or thought, collates these electrical impulses to produce a composite "image" or more accurately an impression, in accordance with the nature and quality of the information received.

If the brain is damaged in some way, for example through physical, trauma,

condition such as an apoplexy or cerebral vascular incident, or for example through toxicity of some kind, then its capacity to mechanically process the data presented by the five physical senses may well be compromised, along with its ability to assemble an accurate impression of its relationship with its environment to forward to the Subconscious Mind.

As the computer programming community saying goes - "garbage in, garbage out". So the data sent for the attention of Subconscious Mind, which although infinitely intelligent, powerful and connected to Source and The All, does not inherently think or "make decisions", can only process what it receives or perceives, even if "scrambled" or incomplete.

The "Mind" as always is still intact as is consciousness and intelligence, but as with a computer - if a circuit board, memory module, or other component becomes faulty, the data being output cannot be relied upon or may even present a totally erroneous output resulting in confusion, disorientation, dissociation etc as for example happens under the influence of alcohol, hallucinogenic, psychoactive or other "mind altering" substances.

The organic brain is therefore analogous to a super-computer which sends a stream of data to the Subconscious Mind in the form of composite "images" or more specifically impressions.

The Subconscious Mind then, in accordance with stored and referenced ongoing thoughts feelings, emotions, beliefs, prejudices, expectations and other learned and programmed data originating within the Ego of rational Conscious Sphere of Mind activity during the current "life experience, re-processes the data before "outputting" the data to be displayed on the "screen" of the Conscious Mind, which people then call their "experience", "sense of being", spatial awareness - their "life".

Ultimately however it is the rational, decision making Conscious Sphere of Mind - the Ego - which both determines and accepts the nature of its own experience, so this entire process is in fact a self-perpetuating illusion, the nature of which becomes more interesting, as we will discuss later.

When "mentally disabled" people "die", even those with profound brain damage, they are instantly freed from the layer of processing performed by the damaged organic brain, to experience Mind directly, and feel "whole" and unrestricted once again, with as much mental ability as anyone, as if

they were never subjected to perceived limitations arising from the brain.

"Mentally disabled" people through brain injury or disease are not "mentally disabled" at all - they are only "brain disabled". Such people experience perfectly "normal" dreams as everyone else, simply because dreams originate within the sphere of the Subconscious Mind and experienced by the Conscious Mind, not at some arbitrary location within the organic brain.

The same applies to all physical or mental disabilities. Once a person is freed from the organic shell of a body, they are instantly freed from all restrictions, except to the extent that their Mind still believes that they are subject to those restrictions which is usually quite transient.

Lengthening or slowing of brainwave activity, as takes place naturally during relaxation, day dreaming, meditation, trance and sleep, facilitates an expansion of consciousness and awareness, beyond the narrow confines imposed by waking brainwave activity. This is also the basis of what are known as "mystical", metaphysical, or even "occult" abilities, even though these abilities are actually completely natural and latently available to everyone. Most at this time remain unaware of these latent abilities, unlike our ancient ancestors, native tribes, and of course dedicated practitioners.

Moving on with the process of perceiving experience - the composite image from the organic brain is presented to the Subconscious Sphere of Mind, which then applies a set of learned filters based upon the lifetime of acquired beliefs, expectations, intentions and all those other learned and programmed feelings, beliefs, including religious, thoughts, prejudices, expectations, reinforced by thoughts, feelings and emotions, from the Sphere of the Conscious Mind - this is a continual process - before "forwarding" to the Conscious Mind as the completed image, with all expected beliefs, biases, expectations and previously mentioned experiential influences reflected and fully "factored in", and which the Conscious Mind, the Ego, happily accepts as "experience" in that moment.

In fact the "experience" has invariably been skewed by the Subconscious Mind to make it acceptable to the Ego, otherwise the Ego would reject summarily reject, or at least disregard it, and the person would rapidly become confused, disoriented and perhaps "psychotic", very soon being unable to function at all within their environment.

Again, the Conscious Mind never, ever thinks to question the completed image presented to it, because the Subconscious Mind has ensured that it is already in complete alignment with ongoing, learned and programmed expectations, beliefs, prejudices etc. So the Conscious Mind, the Ego, remains happy and feels secure within its own microcosm of experience.

But the crucial factor to consider here is that in the case of most people who have no conscious Mind Power over their own experience, the Conscious Mind is perpetually subscribing to its own illusion, an illusion that the Subconscious Mind always sublimely "satisfies" and "adjusts" as necessary. So from the perspective of the person, experience is always "real", regardless of whether it is perceived as "good", "bad" or indifferent.

For example - if a person believes it is "cold" outside because they have looked out of the window and seen that it is snowing, the Subconscious Mind will always ensure that the Conscious Experience matches the expectations of coldness. If a person saw that it was snowing, but upon leaving the house it felt hot and humid, considerable confusion might result. This is because the Conscious Mind has learned that "snow" is "cold".

If I walk around in cold weather with few "winter" clothes and people ask me why "I do not feel the cold", I would simply reply "because I choose not to". There is always a choice, but it is usually dictated by experience as well as expectation.

If, as sometimes happens, the Conscious Mind does choose to reject the impressions presented to it by the Subconscious Mind, based upon the composite impression received from the brain and sensory organs, the person generally regards it as an "illusion", "mirage", "trick of the senses" and so on, thus easily assimilating the experience without becoming mentally confused. This behaviour is a "safety valve".

This equally applies to all levels of human experience, from the personal to the collective, since all Mind is ultimately One, Expression of Source, and therefore intimately connected and inclusive with "each other" at all levels, and with All that Is within Universal Mind.

Therefore total "experience" from the perspective of each person, is a function of both Personal Subjective Experience and the Collective of all Personal Subjective Human Experience within the same Sphere of

Consciousness, the Mental Plane of the Human Mind, independent of time, "history" or locality - none of which of course actually exist in reality.

Therefore if one person chooses to subscribe to the existence of a particular object, person or experience, regardless of "distance" or "time", within the Sphere of the Subconscious Mind where the object is originally perceived, then the same data relating to the object is instantly also available to the Whole Collective Human Mind on the same Collective Vibratory Frequency, and is therefore available to "subscribe to" at will.

Actually this "collective human experience" is perpetually present at a Subconscious level, so the Subconscious Mind determines what to allow or reject based upon the sphere of rational comprehension, imagination and "programming", e.g. indoctrination of the personality, the Ego.

No human is capable of experiencing or perceiving "anything" beyond their current sphere of imagination, comprehension or "programming" - their beliefs - because their Subconscious Mind is not resonating on the same Vibratory Frequency of the Collective Mental Plane corresponding to that in which they are focused in relative to their state of Spiritual Evolution.

I mention this to pre-empt any objection that people are frequently aware of the "existence" of lots of "things" before actually physically "seeing" or "experiencing" them in some way.

For example a shopping trip where you may visit a shopping mall to "look" for "things" of the sort that you may wish to purchase, but which you have never seen before, certainly not down to any fine detail.

Another example might be in taking a vacation to a foreign country that you have never visited before, to "see" and "experience" the "sights" that are accordingly completely "new".

In both cases - the "products" in the "shopping mall" or the "sights" in the "foreign country" are only available to your sphere of conscious awareness during the process of experience and observation, because they already pre-exist as persistent Thought Forms arising from the collective observations, experience and programming of millions or billions of other "people" - Conscious Spheres of Mind Principle - throughout "history".

Towns and cities for example are shared, collective experiences, simply

because the Consciousness of thousands or millions of people subscribe to, and interact with them continually, as has always been the case in the "past" history of that environment, and therefore choose to interact with these experiences as "normal", within the sphere of their own comprehension, imagination and programmed beliefs and expectations as they relate to that environment, thus giving rise to the perception of "normality. In fact there is no such condition as "normal", because it is entirely subjective, and in accordance with the perspective of the observer.

In this way the shared experience is infinitely perpetuated to the Collective, "shared" Sphere of the Human Mind on the corresponding Vibratory Frequency of the Mental Plane, which anyone focused at the same Vibratory Frequency may choose to subscribe to at a Subconscious level, even if they have never "seen" them before, and which is thus accepted by the Conscious Ego Mind as "normal" within their own sphere of "normality".

Again - this is so due to the fact that Personal Mind and Collective Mind as well as the Conscious and Subconscious spheres of activity, are really All One, Expressions of Source, simply being Spheres of Activity within the overall context of Universal Source Mind, and can therefore experience either at a Personal or Collective frequency, but always subjectively.

Due to the comparatively low Vibration of matter and the intervention of the concept of "time" and "locality", these collective experiences - towns, cities etc - can persist for many "millions of years" as measured by human calendars - currently the Gregorian - long after they have been "lost" and forgotten at a Conscious level by the peoples that originally "built" them.

This is so simply because these structures or remains are still part of the "fabric" of the Collective Human Subconscious Experience which is known to, and accessible by the Subconscious Sphere of Mind. The Subconscious Mind, which is not subject to "time" or "space", or any restriction, has access to all human history, which it will render Conscious as appropriate.

This for example is the basis of the "Remote Viewing" which has been very successfully used for "military intelligence" and now in the public domain.

Remote Viewing implies overcoming the concepts of "time" and "space" in order to "view" or more accurately "sense" objects or events which are non-local, and/or non-temporal, but in fact to the Subconscious Sphere of Mind

are always accessible recalled to consciousness when appropriate.

Remote Viewing has a solid basis, however, as with all what are generically referred to as "psychic" abilities, they are always processed through the filters stored within the Subconscious Mind, thereby distorting the object being "viewed" in the direction of beliefs, expectations, preconceptions and even hopes, so the "image" is not "pure" per the original.

Therefore only a person with absolute control over their own sphere of Mind activity can hope to attain a true Remote Viewing or any other "psychic" experience. That said this is absolutely possible.

The Present Moment of Now is the only Moment there Is, regardless of what human "clocks", "calendars" or "history books" contrive to report.

As an example that can be tested, we may take a look at the sphere of experience transitioned to, after the dreaded change known as "death".

In the next Vibratory Energy sphere of human experience, for most people the Astral Spheres - or the "Afterlife"- which exist at a much higher Energy Frequency, beyond the concept and illusions of "space" and "time" relative to Earth - "experience" is much more transient, fluid and dynamic in nature than that experienced within the much lower Earth Vibratory Frequency - the temporal "time-space" and matter dependent environment of Earth.

No atomic or other intermediate, albeit transient "particles" exist within in the Astral, or are necessary to the environment. Within the context of the Astral Vibratory Spheres of Experience, of which there are potentially infinite, the environment is broadly comprised of Thought Forms of Energy which are decoded directly through Mind, although still, initially at least, with similar learned filters from Earth life applied, filters which are still retained after "passing", but which of course will be progressively modified in the process of interaction within the context of the "new" experience.

If a person in the Astral chooses to experience "something", or believe or fear they are in the presence of "something" or "someone", whatever they wish to experience, believe or fear will "manifest", and be experienced instantly at the "speed of thought". The experience will usually be deemed to be "real", because it is consistent with existing learned and programmed fears, even if they seem irrational, invoking the corresponding response.

When the person becomes bored and ceases to focus on that particular "thing", which is a Transient Energy Thought Form, it instantly dissipates back to native Energy of unlimited potential, where it may coalesce to become another unrelated Thought Form under the influence of Mind. All potentially coalescent Energy possess identical and infinite potential.

So in the "Afterlife" of the Astral, the processes we have been discussing relative to the material world, may be actually subjectively experienced and thereby verified instantly, thereby providing "instant gratification" and useful personal experience, as well as evidence of the Immutable Principles applying to all Spheres of Vibratory Frequency of and as Universal Mind.

In the Astral Spheres of Vibratory Energy - the "Afterlife" - the more a "person" or "people" - duality may still be accepted and accordingly experienced in the mid and lower Astral levels as on Earth - interact with any such created experience or locale, the more "persistent" it will become.

Most Thought Forms, including those originating by people on Earth, are highly transient in nature, usually arising from "fleeting thoughts".

But when attention and focus is applied and then "fuelled" by emotions, feelings, hopes, expectations and intent, as well as other emotions, the very nature of the "Thought Form" becomes less transient and therefore more "persistent", to the extent that "persistency" may be applied in the context of a timeless, spaceless, non-local environment of course.

Most in the mid to lower Astral Spheres of Vibration of the "afterlife" believe in exactly the same material form and function they were so used to, and often indeed often dependant on, while living on Earth - which is why they are there. So when people "pass-on" from Earth or other planet in the physical Universe, and duly arrive in their new Astral environment, often welcomed by various generations of previously "deceased" relatives, they can subjectively "experience" anything that they can possibly imagine, comprehend and believe in, thinking that all of their proverbial "Christmas's have come at once". They are as the "kid" in the proverbial "candy store".

After the novelty wears off somewhat, they might experiment by creating a more enduring environment or experience for themselves that reflects whatever they naturally feel most comfortable with, but always within the context of the collective environment upon the Vibratory Frequency of

Energy of the Astral Plane in which they are focussed in that moment.

This propensity for Astral residents to re-create familiar Earth environments is the main reason why most recently "deceased" people soon notice that the "afterlife" looks and feels remarkably familiar to their home "back on Earth", so much so in fact that very often newly transitioned people do not even realise and believe they have "died", "passed on" at all, especially in cases of sudden, violent and unexpected "death", due for example to a sudden trauma or accident.

These newly arrived "residents" consequently need to be "convinced" by other residents that they are in fact no longer "living on Earth". This process followed by a thorough "debriefing" can be quite extensive, especially in the case of atheists who have no belief of an "afterlife" and scientists who cannot conceive of an "afterlife" because of the conflict with their rational, learned scientific paradigm in their laboratories on Earth, which conflicts in turn with their own perception and concept of what is actually "possible".

This is reinforced by the fact that the very nature of their own learned and programmed beliefs and expectations has taken the newly "deceased" person to an Energy sphere of Astral Vibratory Frequency of very similar Vibratory characteristics of their thought processes in Earth life, and accordingly populated by peoples with a very similar mindsets and beliefs.

Although the material, organic body and brain is restricted to the Vibratory Frequency of Earth, this does not apply to Mind, and therefore thoughts, feelings, emotions, beliefs etc.

This is one reason why the "afterlife" is so harmonious compared to Earth.

On Earth personalities of every character trait, belief, Evolutionary level and so on live within the same environment - a major reason for human conflict.

I should reiterate that there is not just one Astral Plane, there are a potentially infinite "planes" or spheres of Vibratory Frequency of Energy, all very slightly "out of phase" with each other, "each" corresponding to every human character trait, belief, culture, history and so on relating to Earth.

As humans on Earth advance technologically and people "pass on" from these learned and programmed experiences, new Vibratory Spheres of Energy are "generated" by the Minds of these people based upon Earth

experience. So again, everyone making the transition from Earth life to "after-life" feels immediately "at home" and usually blissfully happy.

Within the Astral, the "Afterlife", there are communities represented by every culture and period in history of every culture of every country on Earth, as well as countless other planets in the physical Universe.

According to Universal Principle, those people and Beings "residing" at a higher Vibratory Frequency of Energy can "lower their vibration" to visit Spiritual or Astral realms at a lower frequency, but not vice-versa, so those people and Beings resident at a lower frequency cannot "go to" realms or Beings a higher frequency.

This does mean however that as Earth is at the very lowest frequency, "deceased" relatives can, and do "visit" people living on Earth, although usually their presence is not felt due to the frequency difference, which is considerable. These "deceased" relatives do have the ability to influence physical objects, if they have the capacity to exercise that ability, thereby being able to "send signs" to loved ones and others.

Also, because all communication beyond Earth is Mind to Mind, known on Earth as "telepathy", then deceased people can "transmit" thoughts, feelings, emotions etc to physical humans on Earth, but must bypass the Conscious Mind in order to be "heard". This is more easily achieved by interacting in the "dream-state" of a person on Earth, since the Conscious Mind is "asleep", and does not seek to intercept or rationalise the message.

But "amazing" though the infinite possibilities of the Astral spheres seem to be, where all needs, wishes and desires are realised instantly, this is also a trap in many respects, because once the people there become so used to, and often infatuated with this utopian world, experiencing anything they have ever desired on Earth but could never actually "have", instantly, without effort or the need for "money" or "work" or "government" any other prerequisite, condition or restriction, then the experience and novelty can so totally infatuate and consume the Mind and Consciousness of the person, that they become "addicted", thus preventing them from evolving and progressing. They become lost in their own illusion or delusion

Ultimately of course all free themselves of a persistent experience, often with the help of others, realising how frivolous the experience really is.

Wishing for a more "real" and fulfilling experience beyond material desires, Vibratory Frequency of the person increases, who automatically transitions to a "higher" - actually inner - plane of Energy with a the correspondingly higher Vibratory Frequencies and Energy Thought Form characteristics. The person must then reconcile the experience of this new current Energy Frequency through the process of realisation so they can move on again.

This eternal phasing out of one Energy Frequency and on to the next may be likened to infinite "deaths" and "rebirths", of which Earth is but the first.

Of course the "afterlife" generally seems much more "solid", "real" and "vibrant" than Earth ever did, or ever could, due to the much higher, finer resolution of Astral Energy Frequency, including a spectrum of colours and sounds way beyond physical human comprehension, experienced without the intervention of extremely crude but necessary Earthly organic apparatus of five physical senses processed through the organic brain.

I would also like to mention that when humans make the transition from Earth to the Astral Spheres, the Afterlife, everyone will experience themselves precisely in accordance with how they most preferred to be thought of on Earth - an idealised model of themselves.

On Earth people tend to spend vast amounts of time, money on "vanity" products, "anti-ageing" products, "weight-loss" products and so on, simply because they wish to remain perpetually "young looking", and attractive to the "opposite gender", and many other self-identity oriented motivations.

Sex, vanity and self-gratification through materialism, are currently very major factors on Earth relating to human behaviour generally, and ones which the associated commercialism seeks to exploit.

After "passing", the Conscious Mind determines how the "Astral Body" is perceived as opposed to the organic intervention of physical life, which are of course very much a function of lifestyle choices, and so they invariably appear with a replica of their previous physical body, but as experienced in their "prime of life, which is typically within the range of 25 to 35 years. This is why, very often, new afterlife residents do not immediately recognise parents, grandparents and so on, until they introduce themselves, simply because they would have been remembered as "being much older".

So how does the Astral and Spiritual realms compare to Earth

experientially - in terms of how solid, real, vivid they are etc?

Well comparing the experience of the Astral Spheres of the "afterlife" with Earth, may be likened to the visual sensory experience of watching a new movie filmed in high definition, to the same movie a very old tube based TV with its low, curved, flickery, pixellated, "blocky" images on the screen, as compared to a modern high definition Flat Screen TV.

To people in the Astral, and increasingly so as they progress inwards towards Astral realms at higher vibratory frequencies, visiting people on the Earth, the Earth environment seems like a horribly dull, dreary, misty sort of experience, visiting which is likened to wading through a muddy swamp in dense fog and drizzle. "Afterlife" residents visiting Earth also perceive the thoughts, feelings and emotions originating from the collective people of every country and culture on Earth, which, to these Astral residents, is often like experiencing their very worst nightmares compared to the Astral realms, the only difference is that they are no longer part of it themselves.

Increasing frequencies provide for increasingly higher, finer, more detailed, more defined and more refined resolution and clarity. And so it is as we travel inwards towards Source, away from Earth and the crude physical, material Universe of matter. The further from the Sphere of Vibration of the so called physical Universe, and closer to Source, the "higher the resolution", and therefore the more vibrant, vivid, "solid" and indeed "real" it seems, albeit far beyond the old paradigm of "form", with an ever increasing range and spectrum of sounds, colours and other experiences.

This is all due to the greater overall potential that increasing Vibratory Frequencies of Universal Energy facilitates. The higher the Frequency, the more "detail" can be decoded, resolved and thereby experienced through Mind Principle, but with the then complete Sphere of Spiritual Mind now functioning as One Continuum of Consciousness, All decoding Energy, and Thought Forms directly, and how Glorious it Is.

Even in our human form we may bypass the organic senses and brain through an "expansion of consciousness" which may be invoked through a lowering, a lengthening, of brainwave frequencies, to facilitate the potential to decode these Thought Forms directly. Note that lowering brainwave frequencies provides perception and assimilation of higher Vibratory Frequencies of Energy. Brainwave frequencies and Personal or Individual

Energy Field frequencies, are not related and should not be confused with each other. The former is physical and organic, the latter is metaphysical.

This is also the process that facilitates the entire gamut of experiences generically known as "psychic" experiences, including, but not limited to clairvoyance, remote viewing and deep meditation related experiences.

The dreams you experience every night also originate within the non-physical sphere of the Mind, never the organic brain. Clairvoyance is actually the conscious as opposed to unconscious "viewing" or more accurately "perceiving" of events - either on Earth or even the Etheric or Astral - directly through Mind Principle - bypassing the influence of the physical senses and organic brain altogether.

I would like to mention in the context of "psychics", "fortune tellers", "tarot card readers" and so on that it is absolutely impossible to "tell the future" - "prophesying" or "telling" the "future" absolutely cannot be done.

All of "instruments" of "prophesy" or "fortune telling", whether in the form of cards, tea or other leaves, palm reading and so on are simply ways of allowing a "psychic reader" with psychic abilities to sample" the Vibratory Frequency and "Aura" of their "client" to provide an overall "impression", but most certainly does not constitute "seeing into the future" in any way.

The "future", to the extent that it exists at all relative to the illusory temporal space-time experience, in Energy terms exists conceptually only as "quantum potential" - possibilities that can only become subjective experience through the process of observation in the present and only Moment of Now, always in accordance with the learned and programmed filters arising from a lifetime of perceived experience.

This may be explained in terms of Quantum Mechanics through what is known as "Superposition".

Quantum Superposition states that a Quanta can not only "appear" in one locality, but also appear in two totally distinct localities concurrently. This means that "experience" is infinitely fluid, and how the physical world is experienced is also infinitely fluid, because what is believed to be "real" can be merely one "possibility" or another "possibility" or a Superposition of both possibilities. In other words, nothing is ever "fixed" in time or space.

In addition, Quantum Mechanics provides for the fact that the Quantum Field - the Energy emanating from Source - is natively in the form of a Wave, but when observed "collapses" into "particles", reverting to Waveform once the observation ceases. So the native form of Energy is in the form of waves, not particles as experienced on Earth and observed within the physical universe generally.

It is clear therefore that the "future" cannot exist, because what is thought of as "the future" is infinitely fluid, and only exists as actual Experience at the point at which it is transiently observed, after which it exists only as a "possibility" with Quantum Potential to be transiently experienced.

Now, "Ideas" do not even originate within the confines of the organic brain - in fact they do not even originate within the human sphere of Mind.

Ideas "arrive" directly to Subconscious Mind, which acts as a "receiver" in the same way as a TV for example, from the Mental Causal Plane, of the range of Frequency corresponding precisely with the Vibratory Frequency of the Collective Human Mind at any Level or Sphere of Evolution, always in accordance with the capacity for that idea to be received by the person.

So the idea originating within the Mental "plane of ideas" is "transmitted" first to the Subconscious Sphere of Mind in accordance with the nature, in other words Vibratory Nature of Thought Forms originating from the Conscious Sphere of Mind activity.

The Subconscious Mind creates a Thought Form corresponding to the nature of the Consciously originating thought as determined by the Vibratory properties of its Energy Field.

This Thought Form then attracts "ideas" of the same unique Vibratory and Energy "Signature" from the corresponding Causal Human Mental Plane of Ideas, and accordingly Vibrating on the same Frequency. This Thought Form is then received by the Conscious Mind and thought, erroneously, to be an original idea. In fact the Mind has simply "tuned in" to that idea.

The Subconscious Mind then, as usual, applies all learned and programmed belief "filters" received from the lifetime of Conscious Sphere of Experience of Mind activity as previously discussed, and then forwarded on to the Conscious Sphere of Mind itself which accepts the "idea" in

accordance with its current mental capacity, biases, beliefs etc to do so.

The idea is then received as a modified Thought Form in the same way as an impression originating from the sensory inputs of the physical senses as mechanically processed by the organic brain, and accordingly as being as an "original idea" which is accepted due to the filters already applied.

But again, as with all subjective experience, the very nature of the original, pure, undiluted "idea" is filtered, biased and skewed in accordance with the specific beliefs, expectations, "hopes" and so on of the Conscious Mind.

So, for example, a very religious person might think about metaphysical concepts, and even receive metaphysical ideas or concepts, but will invariably reject the ideas or concepts, being outside their "belief system".

Human Beings can and do therefore actually originate "Thought Forms", but cannot originate unique "ideas". Humans can only "receive" ideas from the "Mental Plane of Ideas" which they can "tune in to", and accept or reject, in accordance with their Mental and experiential filters to do so.

If the Ego Mind cannot conceive of, or believe in a level or quality of idea, then it will simply reject the idea as "wrong", "nonsense" even "heresy", instead choosing only to accept whatever it chooses to believe - again as is frequently the case of religious and other "belief systems" for example.

Of course "beliefs" extend to every sphere of experience including for example about "money", relationships, social "status", but these are always experientially learned or programmed by society.

A baby arrives into the world with a "clean" Conscious Sphere of Mind.

A baby is a Spiritual marvel of consciousnesses, a perfect, uncorrupted, wonderful Being with infinite potential, and with the latent capacity to Express Source and achieve anything without limitation. A baby inherently knows no limitations, even having the latent capacity to access to all knowledge without ever having to attend the human construct of "school".

Babies, are born with a very low brainwave frequency and accordingly "expanded sphere of consciousness", with the inherent potential and capacity to "absorb" a vast amount of information, extremely rapidly, and indeed do. This is also a survival provision to get the child "up to speed"

very quickly with their potentially hostile and challenging environment.

The "imaginary friends" of the child are very real indeed, but the Conscious Mind of parents cannot perceive and therefore accept these "friends" of the child as "real", through their learned and programmed belief filters, and so the child is told to "quit imagining things" as if the child is guilty of some form of misbehaviour.

From the very outset after birth well-meaning and genuinely loving parents present their child with all sorts of fluffy, tactile and sometimes noisy toys, sometimes hanging "mobiles" over their cot or crib which the child has little choice but to stare at, thus reinforcing the concept of material "things" even from birth.

These, as the child gets older, often become toy versions of "adult" material possessions to "prepare" the child for the "real world". In these case of boys, these "toys" can become increasingly military and violent in nature, culminating in extremely violent video console games which are rife today.

Female children are prepared for "domestic" and later reproductive "roles" through increasingly realistic "dolls" and domestic role playing games.

As a child becomes "older", brainwave frequency increases, as does natural conscious sphere of perception which narrows, and with it capacity of learning and experiencing, becoming more materially focused.

As soon as their child can understand, well-meaning parents commence the indoctrination of their child in to the "ways of the world", imprinting the child with their own choice of religion, any prejudices including racial and societal, and of course their expected social "station in life".

By the age of 7 or so, the child has thus been deeply "programmed" and indoctrinated in to the "way of things", true Spiritual connections buried under many, many layers of material, religious and prejudicial beliefs, and, unless, like Neo in the Reality, the child has the ability, driven from their Inner "Spiritual connections", and can break that programming using the Power of their own Mind, the child will be running on that childhood programming as the basis for the remainder of their physical experience, thereby constantly creating and recreating their own life "model" around that learned and programmed model which is generally accepted as an adequate representation of "reality", whether the experience happens to be

"pleasant" or unpleasant in nature. They "accept their lot" in life.

The overwhelming number of children therefore experience the current "model" of life which may be summarised briefly as - birth, nursery, kindergarten, school, university, work, enough money for food, shelter and other basics, a few "days off" each year for weekends and holidays, three weeks vacations, retire after 50 or 60 years of labour, endeavour to get by on a "state pension" - which they have paid for all their working life anyway - lose interest in life, physically and mentally degenerate and finally "die".

Now this may seem cynical, and of course this is a typical model which may vary in the details between personalities, but most people who are honest would have to admit that it is them. to a greater or lesser extent.

Is this really what Source Mind, Supreme Intelligence behind All that Is", really intended for humans? Is this even what Higher Self really expected of its representatives?

People are on Earth to gain valuable Experience to contribute towards the totality of Higher Self, and to Serve Others before Self.

So concluding the subject of ideas - an idea, in and of itself, is always pure, always true and always complete, because the sphere in which it originated is in and of itself pure, perfect and uncorrupted.

Only the Conscious, Ego, rational Mind can, and invariably does, corrupt a purely received idea, based upon the ongoing learned and programmed biases, impressions and beliefs it continually impresses on to the sphere of the Subconscious Mind, which in turn determines ongoing conscious experience, in accordance with rational perception of individual experience.

This is why humans have such a propensity to "reject" the ideas of others, no matter how "good" the idea is in isolation. The Ego always insists on having the "final word".

Getting back to your physical existence, in which after all you will be mostly interested as a physically focused human being, it is clear then that there are three fundamental factors that may consider in the context of your own "experience" or concept of "reality".

**1. The inherent limitations of the organic human body**, including sense

organs - sight, hearing, smell, taste and touch - and the organic brain, which has no inherent "intelligence", consciousness or capacity to either originate or receive thought.

**2. The Personal Conscious Mind - the Ego - continually impressing the immutable and infinitely powerful Subconscious Mind with deeply rooted and learned beliefs, expectations, biases, prejudices** and so on, arising from programming of parents, society, and later greatest influence of all, the popular media, including, but not limited to news papers, TV, films/movies, and their corresponding websites. The Subconscious Mind then applies those "experience filters" to the composite image received from the organic brain, and then presents the Conscious Mind with a corresponding experience that it can readily accept as "real", being most consistent with its sphere of expectations and current experience.

The human propensity of rejecting potentially positive experiences as being "too good to be true" epitomises self imposed restrictions all too well.

**3. The very nature of "matter" itself from which the brain, through the five sensory organs, compiles its initial "best guess" composite image, is, in reality totally transient in nature,** only having any form of perceived but not "real" existence at the moment at which it is observed or at the point that an attempt is made to quantify it in some way.

The real paradox here then is that it is the Subconscious Mind that actually makes an observation under the "instruction" of the Conscious Mind. So when you "look" at something, the Conscious Mind is simply telling the Subconscious Mind to "observe" it.

However, it is only when the Subconscious Mind, as Source Mind, actually focuses on this object the "object" actually becomes observable, thus originating the whole process of the sensory observation, interpretation, filtration and presentation loop in the first place, in order to seamlessly perpetuate the experience that you most expect in accordance with a "lifetime" of experiential learned and programmed beliefs, biases, prejudices and other filters.

So it is the immensely, indeed infinitely powerful Subconscious Mind through and as Source Mind, that "defines" the object, processes the object and presents the object back to the Conscious Mind as an image equating

to "what it expects to see" within its experiential concept of "normality".

This entire process is completely under the control of the rational Conscious Mind which is therefore perpetually "generating" its own experience, which in fact never really exists in fact except as a perceived illusory experience which the Conscious Mind readily accepts as "real".

So we can now clearly see that these factors together perpetuate an "experience" that is determined by Conscious Mind itself, but not "reality".

I refer to this as an "Experiential Loop" within the sphere of comprehension and beliefs of each individual. Everyone is therefore their own distinct universe, microcosm, within the context of Universal Mind, the Macrocosm.

This is also the basis of many Metaphysical abilities such as for example Telekinesis, i.e. the apparent "moving of objects" using the power of the Mind alone. In reality of course there is no "object" to move, so "success" in "moving an object" is determined by the extent to which the practitioner can overcome his or her own programming as to the true nature or "reality" of the "object" they wish to "move", "succeeding" by not perceiving the object "objectively" but as a natural extension of their own native Energy Field.

You can only "move objects" to the extent they form part of your personal or collective field of experience. If you believe you can experience "moving the object" you can "move the object" notwithstanding any contrary beliefs arising from previous programming to the contrary. Telekinesis including "spoon bending" is therefore a useful exercise in the process of modifying and transmuting Subconscious previously learned and programmed filters.

Again though, if you succeeded, you have not actually "moved" a physical object even if this is what your eyes appear to suggest, what you have rather succeeded with is moving your own perception and perspective of the very nature of the "object", relative to the perspective and perception of yourself. In other words you have convinced your Subconscious Mind of an alternative possibility, contrary to your existing beliefs, which it then brings to your Conscious awareness as experiential evidence in the form of success, resulting in turn in a transmutation of the belief at a Subconscious level, which may then be applied from that moment. So Telekinesis becomes a fact rather than some "supernatural" or metaphysical "power".

No "power" can ever be "supernatural" except from the perspective of the

observer, because, as aspects of Source Mind Who Expresses and Experiences through "each" of "us" and vice-versa, we already possess Infinite, latent, natural "powers", or more correctly Abilities.

If you choose to allow "onlookers" to your Telekinesis experience, you must not overcome the "fear of failure" and possibility of looking "foolish" in front of friends and relatives, but also your Mind Power needs to be such as to enable the Subconscious Mind of your audience, which is focused within the same sphere of your own Subconscious Mind at that Moment, All being One and connected, to "participate" in the experience. This also brings the sphere of programmed and learned beliefs in to the now collective experience, and your success in the context of that experience.

Spoon bending is another excellent example of this.

Those of you who have seen the first Reality movie will have probably watched as Neo visiting the "Oracle" for the first time, where upon entering the home he saw children practicing levitating toy bricks. He also saw a young boy sitting on the floor, who was apparently "bending a spoon" with his Mind and "causing" it to generally move around as if very soft.

The boy, seeing that Neo was taking an interest, said to Neo:

"Do not try and bend the spoon. That's impossible. Instead....only try to realize the truth".

Neo asked: "What truth".

The boy replied: "There is no spoon".

Neo replied: "There is no spoon?"

The boy then said: "Then you'll see, that it is not the spoon that bends, it is only yourself".

Although this of course is a movie storyline, it is absolutely true. If you wish to bend that Thought Form that your Conscious Mind believes to be a "spoon", then you must know, beyond any doubt, that "there is no spoon", and that you are really "bending" Energy as a Thought Form presenting itself to your conscious awareness as a "spoon", which in turn is an aspect and extension of your own sphere of Consciousness, without "substance".

Now I am hoping that the irony of this paradox is apparent to you by this stage in this discussion.

Plain and simple - what humans regard as "experience" and "reality" is in effect illusion, a self reinforcing, self perpetuating illusion upon illusion, each believing and convincing the other to be "real", thereby a continually reinforcing and self perpetuating "Experiential Loop" within the context of an inherently "Reality-like" environment that most humans regard as "real" or as "life" in this world, just as the residents of the Reality do in the movie.

Humans "generate" or "project" their own experience.

But herein is the real paradox.

As humans, the Mind should control the Experience.

Today, however, for most people, the Experience controls the Mind.

An Enlightened person is fully Self and Universal Source Mind realised and Empowered, no longer at the mercy of the feeble whims of Conscious Mind reacting to perceived experience, through the sensory inputs and organic brain that were such an integral but necessary element of your path towards Enlightenment.

An Enlightened Spirit Realises, Encompasses and Expresses Source Mind.

Once a Human Being achieves and maintains this level of Enlightenment within the context of experiencing the confines of a physical body, all trappings and dramas of the learning environment of the "Experiential Loop" facilitated through the coarse fabric of the material Universe become utterly meaningless, as does the Astral environment for the same reasons.

Such a Human Being can become "dead" to the physical world of matter, no longer wishing or needing to participate, knowing what awaits "Beyond".

An Enlightened person only wishes to Experience True Infinite, Unlimited, Unrestricted, Divine Nature and Potential, Expressing Through Source Mind as Source Mind, the illusory, physical world seeming "unreal" and no longer offering the opportunity to provide any useful purpose, except through which to provide Unconditional Service in showing and guiding other people the way to Self-Empowerment, Freedom and Enlightenment.

Service is absolutely Fundamental within all Spheres of Light and the Universe, the higher/inner always being a Guiding Light to the lower/outer on the Great Divine path which, everyone, without exception journeys.

The reciprocal of Service - Selfishness in all its forms - is a uniquely human trait of the physical, material plane, characterised by an "very man for himself" attitude, often based around money, power and the ego, instead of Service to Others Before Service to self..

Now let us take a very brief look not at "things" or "objects", but of the collective experiences that humans call regard as "events" of the type usually reported within the popular media.

"Events" can be personal in nature of course, but are more often shared collectively by one or more participants, such events often considered to be "unexpected".

People have a tendency to label events - indeed experiences generally - as, for example, "good" or "bad", "welcome" or "unwelcome", "important" or "unimportant" and so on, in accordance with individual perspective.

Let me say before continuing that "events" are neither "good" or "bad" or any other such label - these are duality based concepts - events simply "Are", but only to the extent that an "event" actually exists at all.

Events in the very broadest terms are consciously shared experiences.

A collective experience known as an "event" is temporal in nature, that is to say experienced only during the moment at which the circumstances of the event are observed by all the participants.

Of course "events" can span "years" of Earth "history", and of course throughout Earth history there are examples of this.

But the important point to keep in Mind is that no such temporal event can ever "manifest" in isolation, notwithstanding any perception to the contrary.

In accordance with the Universal Principle of Causation - Cause and Effect - every "event" is ultimately associated with an infinite and "unbroken" "sequence", or "chain" of related events - Causes and Effects - a temporal moment of which is observed and experienced within the personal Sphere

of Consciousness of a person or "group" of people, before continuing on beyond the temporal event horizon of these "observers". The event horizon then continues on to the temporal sphere of perception of other people or Beings, on Earth or even on other planet, always independent of "time" or "space", relative to the temporal moment in which it is experienced.

Ultimately the "event" continues on to Infinity.

This "progression of events" may "travel" through the spheres of consciousness of countless Beings existing on the same or different levels of Energy, Vibratory Frequency, and/or temporal "time-lines" relative to Earth, other planets or environments, each "moment" or "instance" of which may be observed in isolation, being experienced as a localised temporal "event". This takes place independently of any knowledge of the associated and continuous, infinite chain of related events - Causes and Effects - which is why it is experienced as a local, temporal, "event".

Even then this "chain of events" is not actually "real", or "material", in accordance with the Principles we have already discussed.

An "event" is actually a Thought Form belonging to an infinite chain of related Thought Forms, each of which has infinite potential to manifest in its own temporal sphere of conscious observation, but always in accordance with the Subconscious learned and programmed filters of the observers.

So even each distinct temporal event may be deemed "good" or "bad" depending on these Subconscious filters and perception of the participants.

But again, this "event" may only be observed within the temporal event horizon of the observers, such as a "timeline" on planet Earth, before continuing on beyond the transient temporal event horizon of the observers, and beyond the perception and experience of the "event".

There is nothing "random" about these events, and they never "happen" in isolation or for "no apparent reason" for the reasons previously discussed, and certainly never by "chance", "luck", "fortune" or any other such superstitious notion. Just because the origin of an event.

So how may we summarise the question of "reality" as it relates to human experience?

Well to start with we must understand the fact that the entire nature of the "Universe" in all Spheres of Vibration, exists only as an Infinite "expanse" of Energy of Infinite Potential, is infinitely fluid, and only responds only to Mind Principle at all levels of Life of The All.

Mind, at a "normal" human conscious level, encompasses two fundamental spheres of activity - Personal - including Conscious and Subconscious spheres of activity - and the "Collective" or "Shared" Mind. This is still an over-simplification, but will suffice for the purposes of this discussion.

Nothing in the Universe is ever "fixed" and therefore nothing in the Universe is ever "real" in accordance with the human concept of "real".

Nothing has "substance" - at least not in any other than a transient sense.

Source Mind, First Cause, Supreme Intelligence, is the Only "Objective Reality", because Source Mind, through the Universal Sphere of Activity of that One Mind, Encompasses the All, Knows the All, Experiences The All and "Sees" The All from a Universal perspective.

No aspect of Source can be inherently "unreal" or "imperfect" - it simply Is.

All other aspects of "reality" are, by very nature, Subjective, and therefore "unreal".

All that Is may be conceptualised as an Infinite "ocean" of Vibrant Dynamic Energy of Infinite Potential, Perpetually and Subjectively Experiencing Its-self through "Individuations" - "fragments" - of Its-Self, Which "fragments" are also concurrently Integral Aspects of Its-Self as The "Whole", The All.

From a human perspective, Source Experiences Its-Self as Its-Self.

There is no "separation" in any sphere of experience except for that which is personally and/or locally perceived as such, which is never actually real separation except to the extent that it "seems" real to personal experience.

As an "individuated" Energy Field - Conscious and Subconscious Mind, Spirit, Within The Great Energy Field - Universal Mind, under the guidance of Source Mind - "we", as human Beings, "exist" "everywhere" within the entire Sphere of activity of Universal Mind as The All, The Whole, and with the same Infinite Potential to the extent it has been realised.

"Movement" is therefore an illusion - all "projection" is a projection of Conscious Awareness of the Mind, focusing to a point in the Universal Energy Field that is desired to be experienced, to the extent that it can be imagined and comprehended.

"Movement" and therefore "motion" must be an illusion, because there is no duality - there is no "here" or "there" to "move" "between".

No Being can experience any "thing" outside current sphere of imagination and comprehension, both of which expand during the process of Experience and Evolution.

A "possibility" is only realised and becomes temporally Experiential as a Thought Form, in the precise Moment in which it is observed, "after" which The Thought Form returns to transient Native Universal Energy with Infinite Potential. Never at any time is a Thought Form "real" in an absolute sense.

That which a person currently considers as their current "reality" simply represents a infinitesimally tiny subset of the Whole Universe of possibilities that have been subscribed to and observed out of freewill.

In the physical state, as previously discussed, this process is comprised of a composite of the sensory inputs fed to the organic brain, interpreted by the Subconscious Mind which applies filters based upon the "lifetime" of learned and programmed thoughts, feelings, emotions, beliefs, expectations and capacity to comprehend, imagine and experience, and then on to the Conscious Mind to be perceived as subjective, but never objective experience, never "real" in absolute terms - the Experiential Loop.

What people perceive as solid "matter" in isolation, is simply a Transient Thought Form within the context of an infinitely fluid "quantum soup", in which every component, or participant, is intimately related by the same infinite quantum potential, and encompassing "The All" concurrently.

"Matter" is and cannot therefore ever be "real" in absolute terms.

"Matter" therefore is always a transient, composite experience, in the moment observed, regardless of how the rational Conscious Mind chooses to perceive it, and, as previously discussed, based on learned and programmed belief filters within Subconscious Sphere of Mind activity.

What therefore people perceive as an "object", or may refer to as "objective", is actually just a very tiny fragment of Energy in the Form of a Transient Thought - Thought Form - that only exists as a Thought Form to the extent and in the moment in which it is observed, while also an integral aspect of Infinite, Interconnected "Allness" of Infinite Quantum Potential.

This then leads to the only possible conclusion that:

**Space does not exist.**

**Locality does not exist.**

**Time does not exist.**

Without these conditions being satisfied, **matter cannot exist.**

So, as previously discussed, that which metaphysics or mystics refer to as "projection", is actually a shift in the single and only point of Conscious Awareness within the context of The All, to the extent that such a desired point can be comprehended, conceptualised and imagined.

Humans, even in the context of a physical body, Exist and Encompass Everywhere Within the Context of the All, Concurrently, independent of any concept of "space" or "time".

There can be no duality implied "movement between two points". A Shift in Experience is a shift in Single Pointed of Conscious Awareness in the context of The All.

A sense of "being somewhere" only differs in accordance with the point within the Infinity of Universal Mind Within Which Conscious Awareness is Focused in the Present Moment of Now, and in accordance with the learned and programmed "belief" filters applied by the Subconscious Mind.

In terms of physical experience, each person, as an Individual Point of Conscious within Universal Mind, may choose to place a different interpretation upon the same subjective sensory inputs from their own perspective based upon current experience. So when one person describes a "car", another may be perceiving something completely different although both may agree, at a physical, temporal level of observation, and in accordance with their respective Subconscious filters

and perceptions, that it is still a "car" - so there is no mental conflict.

The same applies to colours. If you show someone a "blue" object they may recognise it as what you may think of as "yellow" in colour, but because both observers consistently decode the Energy frequency being observed by their respective colours, it is always a constant, relative only to the respective observers. Both observers are always correct.

So again, when you ask someone to "look" at something, although they will "see something", there is no way of knowing whether what they "see" is the same as what you "see" because there is no "real" point of reference.

Instead you simply accept what you see as fact and agree that, regardless of how you choose to "see" that object after it has been processed through layers of Subconscious filters, it nevertheless represents the same "thing" which you can "both" agree on "seeing" - actually you are One Mind at a deeper level anyway. Conscious Spheres of Mind Principle can relate to and understand in accordance with individual and shared perceptions, conscious beliefs and biases. Again, as everything is subjective, nothing is "real", all observers are correct.

"All that Is", Universal Mind Principle, comprises an Infinite Field of Consciousness, Vibrating Energy with Limitless Potential, Perpetually, Subjectively Experiencing Itself, through Infinite "fragments" or Integral Aspects of Its-Self.

Humans - indeed All Life - "All that Is" - are Unique Configurations of Energy - Energy Fields - Expressions - within the Greater Energy Field - Universal Mind - each Energy Field identified by a unique but constantly changing Vibration, the rate or frequency of which is relative to the state of Evolution and Perfection relative to the only True Reference - Source Mind - while still intimately and seamlessly connected to the Whole Unified Energy Field as One Complete Experience of Infinite Experiential Potential.

This is why "life" as humans know it in the physical Universe - Earth in this case - is what can be considered to be an illusion - a dream, a dream which anyone can Consciously change if they realise, and choose to do so, and have sufficient Mind Power, Consciousness and "self"-control to do so.

If "life" is an illusion what does this imply about the often feared change

known as "death"?

"Death" of course is also an illusion, albeit one that is often feared, due only to a lack of understanding as to its true nature.

Humans, as All Life as Expressions of Source are indestructible in absolute terms, even if the organic body is transient in nature.

During the change known as "death", the Soul and Spirit - unique unified Energy Field - leaves the organic material vehicle used on Earth, to Experience itself as Pure Energy without the encumbrance of the physical shell, physical senses and organic brain, which shell, after Life Principle has departed, is free to "decompose", and return to its basic elements.

Experience after "death" seems considerably more "real", because whereas before "death", experience relies on the sensory inputs of the five physical senses, and the limitations of an organic brain, the "body of Energy" as Spirit now experiences Native Energy directly, without encumbrance organic filters.

Taking the sense organs and organic brain out of the "picture" immediately removes a whole layer of potential misinterpretation or "illusion".

The influence of the experience of "time" is also removed, and along with it the illusion of "waiting" for something to "materialise". All Thoughts coalesce instantly as Thought Forms - Energy Forms - inherently transient in nature - only persisting to the extent observed..

As previously mentioned, after the change known as "death" The Personal Subconscious Sphere of Mind activity decodes Energy, Thought Forms, directly. In this more powerful, "direct" state, in the absence of "space" or "time", Mind not only decodes Thought Forms directly, it also influences Native Energy to "project" Thought Forms at the Moment of observation.

This is still an entirely subjective experience however because the Experiences, as Thought Forms, are still only observed and experienced in the context of the originating "Thought".

So after "passing," humans must very quickly learn to control the nature of their Thoughts - to control their Mind - a lesson best learned before "passing", where the challenges are greater, and Thought Forms take

"longer" to "materialise".

In the Astral worlds, the Afterlife, the so called "life after death", humans are still living the illusion they lived for so long on Earth or other planet, which, at that stage of their evolution is still required - this must be the case otherwise they would not be there experiencing that environment at all.

Astral residents are either not, at this stage of Evolution, being able to comprehend or willing to contemplate a massively more powerful, formless, "bodiless", experience as a Self-Aware, Self-Conscious "Point" of Energy.

Finally what then can we say about the nature of "reality"?

We can never know the absolute nature of "Reality" until finally, through the process of Evolution, the potential is reached and the decision is made to reunite, to "merge", at which point All will become Known and Experienced.

We can however say this about the All Encompassing Nature of Subjective Experience in the context of Reality of Universal Mind in Which "we" Experience, Evolve, Love and Have our Being?

### **A Boundless Expanse of Eternal, Intelligent, Conscious, Vibrant Energy, Subjectively Experiencing Itself as Itself.**

What are three Fundamental Qualities of this Greater Collective "Reality"?

#### **Love - Mind - Consciousness**

What may we say about the nature of the Personal "reality" of humans focused on the physical plane of Earth.

Personal Reality is simply Subjective Experience in any Moment of Now within the overall context of the Greater Reality brought about through a Personal Experiential Loop.

The Present and Only Moment of Now is Eternal, Encompassing Infinite Potential, any Aspect of Which any Personality has the Potential and Freewill to Realise and Subjectively Experience through Mind Principle, in the pursuit of Personal Evolution, also an aspect of Collective Evolution.

Once Higher Self of a human has attained sufficient Experience and Evolution in the physical environment of Earth or another planet, all

concurrent "incarnations" are recalled to Higher Self Who becomes a complete Spiritual "I", moving on to greater roles within The All.

The objective and destiny of every Individual Aspect of Mind as Spiritual "I" is to attain the potential through Evolution, to reunite with Source Mind Energy, Supreme Being and Intelligence, at Which Moment the absolute "Ultimate Reality" is instantly Realised - All Is Known and Experienced.

So how may we summarise "physical human experience"?

*Physical "life" is a "sandbox" in which Every Human Being as an Unconditionally Loved Child of the Universe plays and thereby learns through Experience. The toys are made of Energy, "Play-Legro" with which any Experience that can possibly be Imagined can be molded.*

*"Life" in the physical world of matter - your current experience - is a but a Dream, a Dream which you alone Continually Perpetuate and Live, within the context the Collective Earth Dream of Humanity.*

*Your objective on Earth is to Realise both the Personal and Collective Dream for what it Really is, Free yourself from that Dream, and to Consciously Realise, and Connect With the Greater Reality Beyond the Dream, and Within The Source of All that Is.*

*What you have been previously been taught, experienced and recognised as "Life", is but a Game in which you have willingly participated and immersed yourself believing it to represent your "life" and "reality". Your opportunity is to graduate beyond the nurturing, loving and self experiencing kindergarten realm of games, pretend and make-believe, and to graduate to the Glorious Realms of Light and Spirit, Greater Responsibilities, Love and Service to All.*

*Your current Experience of Earthly "life" is but a space-time bound projected game, an illusion that you have Chosen to Experience whether you know it or not. You must first Awaken to the full nature of this game, before you may liberate your Self from the game. Your objective on Earth then is to attain what is called "Enlightenment", the Full Realisation of, and Conscious Oneness and Connection With, Source Mind of All that Is.*

The ultimate objective and greatest attainment of all humans therefore, as many have "before" you, is to achieve what is called Enlightenment while still in the context of a physical human experience, overcoming all challenges, recognising, respecting and living for the True Nature of All forms of Life, and to provide Service to Others, Before Service to Self.

This is a primary reason why Higher Self of Human Beings choose the uniquely challenging route of concurrent physical incarnation - the most effective way of instantly attaining the necessary Experience to facilitate the Graduation of Higher Self, Spiritual "I", towards much Greater, Glorious Spheres of Light, Within the All Encompassing Universal Mind of Service, Infinite Potential and Unconditional Love as Expressions of Source.

Human Beings on Earth are not there to gratify the five physical senses at all costs, regardless of the affect it has on "others" - aspects of All.

Human Beings are rather on Earth to face and overcome challenges, thereby gaining valuable Experience, always putting the needs and feelings of other people and all other forms of Life, however "large" or "small" first.

When a Human Being achieves these objectives, realises, experiences and Is One with All Expressions of Source, the mission is accomplished.

The mission can only begin however once the true nature and opportunity being presented to you is recognised, for it is truly very special indeed.

I hope this small contribution will be of Service for you on Your own Divine Path to Source.

**In Love & Light,**

**T.OM**

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